

English Language

Time: 2 hrs

Max Marks: 80

1. Write an essay in about 700-750 words on any one of the following topics:

20 marks

- (a) Life after Mobile Phones
- (b) Social Media: Challenges and Prospects
- (c) The Role of Professional Ethics in Modern day life
- (d) Gender Sensitivity at Workplace
- (e) My role in Environmental Care and Protection

2. Attempt a précis of the following passage in about 1/3 of the original word length:

10 marks

Our lives in 21st century are marked with great hurry and great speed. Men seem to have lost their inward resources. They merely reflect like a set of mirrors, opinions in which they get a little leisure, they turn to material diversions from outside rather than to inward resources. This internal vacuum is responsible for mental and nervous troubles. The cure for this is not so much treatment by medicine and surgery but a recovery of faith in the ultimate goodness, truth and the decency of things. If we are able to recover that faith, if we are able to live in this world with our consciousness centered in the intimacy of the spirit, many of the problems to which we are subject today may be overcome. Our people were regarded as aspiring after metaphysical insight, but we seem to forget that it never occurred to them to

equate eternal life with either the surrender of the mind or the sacrifice of the body. When an Upanishad writer was asked to define what is meant by spiritual life, he gave the answer that it consists of the satisfaction of the mind, the abundance of tranquility of the spirit. Body, mind and spirit must be integrated and they must lead to a harmonious developed life. If we get that, we have life eternal. There is an urgent need to pause and reflect about the content and quality of our life and the contribution that we are able to make for the posterity.

3. Read the following passage carefully and answer the questions that follow:
(each question carries two marks) **10 marks**

If you are addicted to coffee, and doctors warn you to quit the habit, don't worry and keep relishing the beverage, because it's not that bad after all! In fact, according to a new study, the steaming cup of java even beat fruits and vegetables as the primary source of antioxidants. The study by the University of Scranton states that coffee is the number one source of antioxidants in American diet, and both caffeinated and decaf versions appear to provide similar antioxidant levels. "Americans get more of their antioxidants from coffee than any other dietary source.

Nothing else comes close to it" said the study's lead researcher, Doctor Joe Vinson, adding that high antioxidant level in food and beverages don't necessarily translate into levels found in the body. Antioxidants in general have been linked to a number of potential health benefits, including protection against heart disease and cancer, but Vinson said that the benefits ultimately depend on how they are absorbed and utilised in the body. The researchers analysed the antioxidant content

of more than 100 different food items, including vegetables, fruits, nuts, spices, oils and common beverages. The data was compared to an existing US Department of Agriculture database on the contribution of each type of food item to the average estimated US per capita consumption.

The results were surprising. Coffee came out on the top, on the combined basis of both antioxidants per serving size and frequency of consumption. It outranked popular antioxidant sources like tea, milk, chocolate and cranberries.

Of all the foods and beverages studies, dates actually have the most antioxidants of all based solely on serving size, but since dates are not consumed anywhere the level of coffee, the drink comes as the top source of antioxidants, Vinson said. Besides keeping you alert and awake, coffee has been linked to an increasing number of potential health benefits, including protection against liver and colon cancer, type II diabetes, and Parkinson's disease, according to some recently published studies.

The researchers, however, advised that one should consume coffee in moderation, because it can make you jittery and cause stomach pains.

- (i) List the benefits of antioxidants. What factors determine the strength of these benefits? (2)
- (ii) On what basis does coffee rank as the top source of antioxidants? (2)

(iii) How are dates better than coffee? Why have they not made to the top of antioxidant rich foods? (2)

(iv) Find words from the above passage which almost mean the opposite of: (2)

a) hazards

b) excess

(v) Find words in the passage that mean the same as: (2)

a) to enjoy

b) a drink

4. You are an applicant for the job of an English trainer that was advertised on 16th June 2017 in Times of India newspaper. The advertisement was from The Director, Central training Institute, Dept of Primary Education, Nehru Place, New Delhi-15. Write a Job-Application letter mentioning the following facts:

(15 marks)

(a) The purpose of your letter

(b) Educational and professional qualifications that you have

(c) How you are the suitable candidate for the job with your contact details

(You may use about 200 words for this letter.)

5. You are Ankit Mahajan, Staff Reporter of a National daily, Hindustan Times, New Delhi. You were asked to cover a District Science Exhibition. Mentioning all relevant details, write a report. The Exhibition was organized by the Ministry of Human resource Development from 7th-14th June 2017 at Vigyan Bhawan and was

attended by Scientists, researchers, students and civil society members in large numbers. Many activities including quiz/competitions etc. for people of all ages were organized to spread the information on recent developments in the Scientific World. The exhibition was aimed at promoting the scientific temper in Indian Society.

Make sure that you give an appropriate title (5 marks) for your report and cover all the details in about 700 words. **(15 marks)**

6. You are Himanshu/Himani, President of Resident Welfare Association (RWA), Sector-23, Dwarka, New Delhi-75. Your RWA is organizing a “Swachh Bharat” (Clean India) campaign on Sunday 13th November 2017 from 9 am to 1.00 pm at the apartment premises.

Write a Notice in a detailed manner with a message of motivation for all the residents of the apartment to come and join the noble cause. Share the information that all the cleaning related material such as broomsticks, dust-bins and hand-gloves would be made available by the Association. Also indicate that refreshments will be served to all the volunteers and Certificates /Trophies will be given to encourage the active participants. **(10 Marks)**